



Department of Youth, Sport and Recreation

# NEWSLETTER

THE COMPETITIVE EDGE ~ DECEMBER 2021



Sabastain Kempe Takes Gold for Bermuda

## Bermuda Sailing Association

### What a month for sailing!

As the year winds down and sailing in Bermuda tapers off for a few months over the winter, our sailors put in some performances for the year on the international stage! Any one of the following events are pinnacle events of the year for the sailors and Bermuda athletes delivered in all three of them – including a **WORLD CHAMPIONSHIP GOLD!**

### World Sailing Youth World Championships (Under 19)

Bermuda had 2 sailors attend the World Sailing 50<sup>th</sup> anniversary Youth Championships in Musanah, Oman. Considered the ultimate youth event, in ten different events Bermuda was represented in the Male & Female Single-Handed events. Only one entry per country and capped entries.

**Nicole Stovell** scored a strong 32<sup>nd</sup> out of 46 in her first World level event in a new

class. With two more years to participate as a youth we are very proud of this result and her goal progression.

In the Male Single-Handed **Sebastian Kempe** coming off a very strong year in the ILCA 6 class was 7 points behind the leader with one race to go. With a tough first leg rounding the first mark in 20<sup>th</sup> Sebastian dug in and fought his way back to 6<sup>th</sup> on the penultimate leg in the race clinching the overall title by 1 point (39 to 40) for **Bermuda's first ever Youth World Championship title.**



Nicole Stovell at 2021 WSYWC



Sabastain Kempe Takes Gold at 2021 WSYWC



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## Optimist South American Championships (Under 16)

For the last big event of the year the Optimist team headed to Mar del Plata, Argentina for the Optimist South American's. **Ethan Thompson** finished seventh overall out of a fleet of 155 sailors.

Top Female was Sarah Davis, 55<sup>th</sup> overall, 3<sup>rd</sup> in Silver Fleet. Sophia Dias 61<sup>st</sup>, Riley Lowe 78<sup>th</sup>, Shiloh Cruickshank, Trystan Hocking 99<sup>th</sup>. In the Bronze fleet Ollie Soares and Dylan Menzies finished 116<sup>th</sup> and 118<sup>th</sup> respectively.

Well done to all the Bermudian sailors in a tough competition and tough conditions.

## Junior Pan American Games (Age 18-22)

Two sailors competed for Bermuda in the inaugural Junior Pan American Games in Colombia. Adriana Penruddocke and Benn Smith competing in the Women's Single Handed and Men's Single Handed, respectively. A relatively short event, in sailing terms, with only 6 races put a premium on consistency and speed out of the gates on Day 1.

Adriana showed great consistency in her event attaining all 4<sup>th</sup> places, except for one 3<sup>rd</sup> place, securing a solid 4<sup>th</sup> place overall. Exceeding goals for the event and learning a lot for 2022 and beyond.

Benn closed the event strongly and moved up to finish 7<sup>th</sup> overall. Not meeting his goals but still a respectable finish and skills to work on going forward.

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## Bermuda Rugby Football Union

Bermuda rugby has been steadily working to come back to normalcy not only locally but internationally as well.

In October the Bermuda Men's 7s team competed in the Rugby America North Fire minds 7s tournament in Turks and Caicos. Starting off with a game against Guyana they hit the ground running with their first win of the tournament, a 15–7 score. Overall Bermuda finished top of their pool but missed out on the final with a loss against Mexico.

Following on from Turks and Caicos, the men's team were invited to compete in the 2021 Bermuda Rugby Classics. Coach Jamie Barnwell organised a 15s team to play in the tournament, providing them opportunity to play against experienced players. The tournament also provided a legacy moment as many of the players who played this time around had relatives who had played in past classics, one being Rory O'Kelly – Lynch who's father played in the 1989 rugby classics tournament.

In their development as they move towards the RAN tournament in February, the men's team competed in the New York 7s tournament at the end of November. The tournament is a local to the state and the Bermuda contingent submitted two teams to play. Both Bermuda teams represented well in their respective pools and ranked highly against the other teams. They narrowly missed the final against MET NY.

In other news the youth Sunday rugby is starting again in January. The BRFU is excited to invite children back to rugby and begin playing again. The training will be staggered by age group and more information can be found on the Bermuda Rugby Facebook page. The women's 7s team is getting ready to begin training again in January and is excited to invite new and interested women to join the team and help the sport grow.



## Bermuda Equestrian Federation Highlights

On Sunday 21<sup>st</sup> November 2021, the Driving Horse & Pony Club (DHPC) hosted its long-awaited first race of the 2021-2022 season.

The DHPC Executive Committee is delighted to not only welcome the return of ponies and drivers from the last race season, but to also extend a warm welcome to the return of several ponies who have not raced for several years!

Equally exciting are the new rookie drivers that have joined this season's track. Under the tutelage of Candyce Martins of Belhaven Stable race team, young Kamali Tucker is warmly welcomed back after her rookie season was forced to be cut short due to COVID related restrictions.

Belhaven's additional rookies for this season include driver Tahzii Flood, Jauza James & Teshi Zuill.

In addition to the encouraging number of juniors, the DHPC is extremely encouraged with increased number of lady drivers. Junior female drivers are Kamali Tucker and Candyce Martins whilst adult female drivers include Catrina Stephens, Kirista Rabain and veteran driver Andrea Westfield. Already these ladies have proved they have what it takes with several very exciting drives! No doubt these ladies will add to race day excitement at Vesey Street!

With 25 ponies in attendance for the first race day AND more ponies expected



Welcome to Belhaven New Driving Rookies (Left to Right): Tahzii Flood, Jauza James, Kamali Tucker & Teshi Zuill

to join the track over the coming weeks, 2021/2022 is shaping up to becoming an extremely exciting season. Be sure to keep an eye on the BEF Calendar of Events as well as the DHPC website ([dhpc.yolasite.com](http://dhpc.yolasite.com)) for updates on the race schedule.

## Bermuda Triathlon Association

### Butterfield National Triathlon Championships



Kelise Wade Butterfield National Triathlon Championships

Saturday, November 20<sup>th</sup> proved to be very challenging conditions for the BTA to host the Butterfield National Triathlon Championships at Clearwater Beach. Weather did not deter the athletes from taking part in the event. The following number of participants were recorded:

- 33 adults in the Sprint distance

- 14 adults in the Olympic distance
- 9 children in the 7-8 age group
- 17 children in the 9-10 age group
- 13 children in the 11-12 age group
- 10 children in the 13-15 age group

### Nick Pilgrim Competes In The 2021 Junior Pan Am Games



Nick Pilgrim Competes In The 2021 Junior Pan Am Games

Nick Pilgrim is 18-years old and was among the island's 11-member team to be in action at the inaugural Games. The 2021 Junior Pan American Games took part in Cali, Colombia.

Pilgrim finished in a time of 1hr 5min 12sec which included a 9:35 time in the swim, 30:36 on the bike and 22:32 on the run.

### Mike Neill and Jasper Blake Tri Camp

Mike Neill and Jasper Blake returned to Bermuda to host the triathlon training camp for the 11<sup>th</sup> year. This camp is able to be held thanks to the funding received from the Bermuda Government Youth and Sport grants.

The camp was for all abilities and includes swim, bike and run sessions designed to accommodate all abilities including complete beginners who have never participated in a triathlon.

### Flora Duffy Wins Another World Championship

Flora Duffy has claimed her 6<sup>th</sup> Xterra World Championship win, making her the only triathlete in the world to accomplish such a feat, and she won it in massive style – finishing over 6 minutes ahead of the next competitor.



Flora Duffy at Xterra World Champion

## Bermuda Football Association Highlights

The Bermuda Football Association (BFA) Referee's Committee is pleased to announce that three officials have been elevated to the FIFA list as Assistant Referees for 2022.

The match officials are Natasha Trott, Clinton Hayward, and Stefan Maybury. Natasha Trott is the first Bermudian female to receive this honor.

Head of the Referees, Crenstant Williams said, "Today is a bittersweet day as we also celebrate one of our stalwarts, Gregory Grimes who passed away. The team worked extremely hard despite the Covid-19 pandemic and have reaped their rewards. This group of match officials are extremely passionate and motivated."

"They endorsed the plan and vision of the Referees Committee which has culminated with them being appointed to the FIFA list. This is a huge milestone for



Left to Right: Clinton Hayward, Natasha Trott, and Stefan Maybury. **Natasha Trott** is the first Bermudian female to receive this honor.

the BFA and is another step forward for our match officials. I hope that next year, we will have more Bermudian referees following in their footsteps. Hopefully, this will encourage more persons to take up officiating to become FIFA officials.

I would like to thank the BFA Executive Committee, our local instructors, Earl Basden, Rohan Thobourne, Victor Stewart, Kelesha Antoine, Dave Meikle, Brian Hall, and the BFA's Referee Committee for all of their support. Striving for Excellence".

## Bermuda Netball Association

### Coaching Awards

The BNA congratulate Anthony Mouchette and Kimale Evans for being awarded with the **Panam Sports High Performance Coach Certificate**.

The course was for a duration of 9 months and covered various coaching topics including:

- Coaching Philosophy and Leadership
- Advanced Performance Planning
- Energy Systems and Physiology
- Strength and Conditioning
- Sports Psychology: Athlete & Coach Mental Preparation for International Competition
- Advanced Injury Prevention and Recovery Strategies
- High Performance Analysis

Anthony and Kimale were both already enrolled in the BNA's Level Two Coaching course when this opportunity arose with the Bermuda Olympic Association and

Pan Am Sports, but as expected and not to our surprise they were enthusiastic and thankful for the opportunity to expand their knowledge even further.

The BNA commend Anthony and Kimale for their achievements and know that the information obtained will be useful in their future endeavors in netball and sport overall.



Anthony Mouchette and Kimale Evans (Bermuda Netball)

# UPCOMING EVENTS

## Bermuda Boxing Federation To Host Athlete and Coaches Seminar

Crandall University Chargers Boxing Head Coach, Jon Ohlhauser, has been invited by the Bermuda Boxing Federation to travel to the island as a guest international coach in February 2022. On his trip, Ohlhauser will provide both athlete and coaching clinics.

Mr. Ohlhauser is happy for the opportunity to lend his expertise to the island. "It is an honor to be invited by the Bermuda Boxing Federation to travel to their country to meet with both athletes and coaches. We have the privilege of having one of their home-grown boxers on our University team – Adrian Roach – and it is through that relationship that I am very aware of the pride and excitement boxing brings to Bermudians."

Ohlhauser's trip to Bermuda is being made possible by funding received from the Government of Bermuda for the development of amateur sport and amateur athletes.

Like the Bermuda Boxing Federation page on Facebook or follow us on Instagram @boxingbda to stay up to date with this and other upcoming events.



JON OHLHAUSER





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