



Department of Youth, Sport and Recreation

NEWSLETTER

THE COMPETITIVE EDGE ~ MAY 2022

Bermuda Bicycle Association

They say that Rome was not built in a day and the Bermuda Bicycle Association adopted the same approach to developing its young riders to where they currently have six of its top cyclists based overseas. Not only are they trying to establish themselves professionally, in arguably one of the toughest most competitive sports around, but equally important to them is putting the name of Bermuda on the world cycling map.

That is not to play down the accomplishments of many Bermudian riders over the years that have traveled and competed, both as individuals as well as members of National teams because without them, the riders of today would not have had role models to look up to. Some of these riders are playing an integral part in the development of our young riders presently. However, to have a plethora of riders who have already, and continue to have success, (particularly in regional championships), making their homes overseas to train and compete is unprecedented.

Cycling can be a lonely sport which requires tremendous sacrifice, personally, socially, physically, and emotionally. It is a sport far more complicated than most understand as it can provide tremendous

highs one day and then the next, disappointment. Also often pain, with crashes inevitable even at the very highest level of the sport, where in almost every race, that often has up to 200 riders in teams pitted against each other for hours of racing at a time where there can only be one winner. So, it is a 'passion', and the Bermuda flag is flying with pride on the international cycling scene.



Caitlin Conyers – Rides for LUX CYCLING Based in the USA



Alexander Miller presently in Belgium



GOVERNMENT OF BERMUDA

Department of Youth, Sport and Recreation

Bermuda Cricket Board

The Executive of the Bermuda Cricket Board (BCB) is pleased to announce a sponsorship agreement with insurance company BF&M Limited for the BCB Women's National Training Team and the U19 Men's National Training Team.

In 2022, as a part of our five-year strategic plan, the BCB has been actively re-launching the women and girls programmes starting with weekly indoor soft ball sessions facilitated by BCB Development Chair, Ms. Kellie Smith and other local coaches.

With over 60 women and girls registered, interested players are now beginning to transition into hardball cricket, filtering into our member clubs before being eligible for selection for a National side.

The team has also entered their first competition, T15 Backyard Cricket hosted by the Bermuda Police Service under the name "Sluggo's Angels" after former National Team Cricketer, Dwayne 'Sluggo' Leverock. Mr. Leverock will be coaching the team throughout the tournament that is being held at Police Field on Fridays at 6.00pm, scheduled until July.

Kellie Smith, BCB Vice-President and Development Chair, said: "On behalf of the Bermuda Cricket Board we would like to thank BF&M for their sponsorship of our women and girls programme. We are appreciative of their continuous generosity and support as we begin this journey of growing the game of cricket for our women and girls."

"These are exciting times for Women's Cricket in Bermuda and we are delighted to have the support of BF&M that would ensure our continued growth", added Allan Douglas, BCB High-Performance Chairman.

Abigail Clifford, Group President and COO of BF&M Limited, stated: "We are proud to support women's participation in one of the most popular sports in Bermuda and across the Caribbean.

"We believe in the power of sports as a vehicle to promote inclusivity, diversity and excellence. We commend the BCB for incorporating a life skills programme in the training schedule which not only sees the Senior Women's Training Squad give back to the young and upcoming female cricketers, but also brings in a variety of organisations to speak to them about wellness and life preparedness."

The U19 Men's Team has been busy preparing to compete in the BCB's Domestic League 50 Overs competition this season with matches being played on Saturdays to allow players to also compete with their club teams on Sundays.

Arnold Manders, BCB President and U19 Coach, added: "We would like to thank BF&M once again for their support of our U19 Training Team. Their contribution makes it possible for us to continue making strides towards our goal of advancing and qualifying for the 2024 ICC Men's U19 World Cup.



Bermuda Cricket Board Women's National Training Team

Bermuda Sanshou Association Wushu participates in Queen's Baton Relay

On 22 May, Bermuda Sanshou Association joined fellow NSGB, Gymnastics Federation of Bermuda in a performance at Government House during the presenting of the Baton as part of the Queen's Baton Relay celebration. The 11-member demo team included youth athletes Ryze Lindsay-Trott, LoNahjé Tota, Zoah Fox, Zyah Fox and Government Sports Award winner Errin Cann. The rest of the team consisted of senior team members Taila Iris, Krista Dyer, Cyril Whitter III, Kealin Cox, Jecoa Burrows and BSA President Garon Wilkinson.

The demonstration took place to the beat and dancing of Place's Gombey which created an amazing collaboration with the drummers coordinating their beats to the various Wushu routines. The team demonstrated elements of open hand forms, weapons forms, 2-man fighting set and san da (Chinese Kickboxing). BSA was very grateful for the opportunity to perform in front of Olympic and Commonwealth Games past heroes, current athletes and coaches, BOA officials and the Governor of Bermuda, Her Excellency Rena Lalgie.



Wushu Demo Team



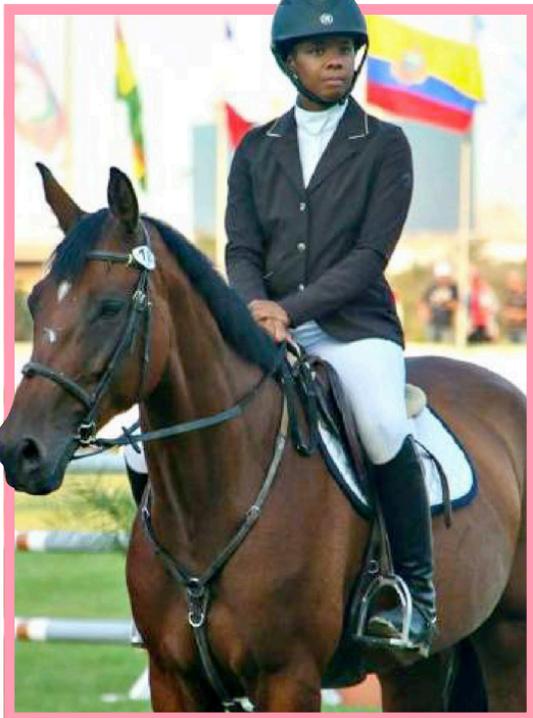
Wushu Team with the Governor, Her Excellency Ms Rena Lalgie

Bermuda Equestrian Federation

Kirista Rabain

The Bermuda Equestrian Federation is pleased to announce the appointment of Kirista Rabain as Chairperson of the BEF Technical Jumping/Hunter/Equitation Committee. Kirista is an accomplished equestrian who successfully competes in numerous equestrian disciplines including Show jumping, Hunter/Equitation, Dressage and Harness Racing – just to name a few! In addition to her multiple equestrian achievements in Bermuda, Kirista represented Bermuda, and secured an impressive 6th place standing, at the 2017 FEI Jumping World Final held in Algeria. Kirista is the current President of the Bermuda Horse & Pony Association.

The Bermuda Equestrian Federation extends its thanks to Kirista for her commitment to Bermuda's equestrian sport.



Kirista Rabain

Robin Stempel and Rossano Royale II

Riding Rossano Royale II, Bermuda's Robin Stempel enjoyed a very successful weekend at the **Raleigh Spring Dressage Show** held at the North Carolina Fairgrounds.

On Saturday, 14th May, Robin and Rossano competed in the FEI **Young Riders – Individual 2021 Test** and secured a very commendable solid score of 68.382%. Judging the test was **Heidi Berry** of Virginia. Ms. Berry is a Senior Dressage Judge ("S"), having completed USEF's highest level of certification in 2013. Ms. Berry received her FEI 3* license in 2018. Robin and Rossano returned to the dressage arena the following day, this time to ride the **FEI Intermediare 1 – 2021 Test**. Achieving yet another fine performance, Judge **Susan Mandas** rewarded this team with a very commendable 68.678%. Susan Mandas is a USEF "S" Dressage Judge and an "R" DSHB Judge. Ms. Mandas also serves on the USDF Executive Board and USDF Sport Horse Committee.

With the academic demands of university, Robin chose to focus on developing her dressage training skills and, as such, did not regularly compete during the 2021/2022 season. Robin's weekend results speak volumes, and she is to be commended on her dedicated training commitment. Robin continues to train under the guidance of **Tami Batts of Fellowship Farm**, in North Carolina. Tami Batts earned her USDF bronze, silver and gold medals and is an "S" dressage judge.

For the foreseeable future, Robin's plan is to chart next season's show schedule with the goal of qualifying for the **2023 North American Junior Young Rider Championship**.

The Bermuda Equestrian Federation congratulate and wish Robin the very best in her future endeavors.



Robin Stempel and Rossano Royale II

Bermuda Sailing Association

Sailing Report from Nicole Stovell and Sebastian Kempe

We are Nicole Stovell and Sebastian Kempe, Bermudian youth sailors of the ILCA class. We recently represented Bermuda at the RYA UK Youth National Championships, where we won our fleets. This report will discuss how we feel the event went, and our training and preparation leading up to it.

We attend the Royal Hospital School in the UK, where we work hard to maintain our academic studies and training for world class events. On and off the water, our schedule is tightly packed. Off the water, we use the fitness facilities 3-5 times a week, using specialized programs made by paid professionals. This includes everything from specific hypertrophy to endurance. As well as that, Sebastian wakes up at five thirty daily and does additional exercise to further his athletic performance on the water, training specific muscle groups on the bike and in core exercises. He also has a nutritionist, Amanda Buggy, who helps him to maintain optimal energy levels throughout his training.

At school, we are on the water twice a week, for a total of eight hours. We train with the ILCA sailors at school, and had Shaun Priestley as our coach. We also participated in the UKLA qualifier events in Stokes Bay and Weymouth. Consisting of three separate weekends, Sebastian finished 3rd, 1st, and 2nd, against the UK's top female Olympic and youth competitors, who also attended the events. Nicole was consistent in finishing in the top three within the Girls U19 Division. These events were full of the UK's best youth sailors, and exciting and challenging competition and conditions. They proved to be brilliant indicators that our winter training had paid off and that we were both ready for a long and prosperous season ahead.

Following this, we attended the RYA UK Youth National Championships, where we each won our class. Sebastian led the ILCA 6 men's fleet with a final and overall lead of 29 points. He won eight out of the thirteen races completed, only once dropping out of the top three. He concluded the regatta with fourteen points, out of the thirteen races sailed. Nicole finished with a three point lead, winning three races and consistent top 5 finishes in the others. The competition was tight in the girls' fleet, and consistency was key for the win.

The conditions in this event were challenging. There were multiple postponements made on and off the shore due to the wind being either too heavy or too light. This proved frustrating for us as we just wanted to compete and go sailing. Nevertheless, the race committee was able to get in quite a few races, 13, as mentioned earlier. The wind was light, and the current was varying in strength. These conditions proved difficult, due to our weight and height. The racing required intense focus and skill, as well as patience, to push us to the top of our respective fleets. Sebastian was second in the first race before going on a roll and winning 5 races in a row. Nicole won the first race and continued her impressive performance of consistency. Our consistency was essential in an event with such a high level of competition. There were sailors receiving flags from juries, and lots of sailors were over early on the starts, negatively impacting their overall scores. Being safe in that sense and smart in our tactics, was what allowed us to win the event. We are so proud to take away this success and we look forward to continuing the trend at our events in the future.



Above: 2022 UK Youth Nationals NS - Nicole Stovell



2022 RYA Youth Nationals SWAK - Sabastain Kempe

Bermuda Triathlon Association

Nick Pilgrim

Nick Pilgrim finishes 10th in Americas CAC Championships – Junior Triathlete, Nick Pilgrim put in a strong performance to finish 10th in the 2022 Americas Triathlon Junior Central American and Caribbean Championships, Punta Cana, Dominican Republic that took place on May 15. Pilgrim finished in a time of 1:01:12. Pilgrim finished the swim in 9:55, the bike portion in 27:26 and finished the run in 21.49 to place 10th overall in a field of 23 athletes from 9 different countries in the region.



Tyler Smith

Tyler Smith competes in French Championships – The Grand Prix de Triathlon, French Championship of 1st Division clubs, brings together the best French women's and men's clubs over 5 stages. Tyler Smith competed with his Valence Triathlon teammates finished 8th as a team. Smith was the second team member to cross the line finishing 19th overall with a time of 54:50, his teammate Jack Willis was 8th overall with a time of 54:18. Smith clocked a time of 8:53 on the Swim, he then covered the bike course in 27:47, before completing the run course in a time of 16:08.



Flora Duffy

Flora Duffy finishes third in Yokohama – British Olympic medalist Georgia Taylor-Brown showed magnificent form to claim the first victory of the year at the 2022 World Triathlon Championship Series Yokohama, a win that puts her for now on top of the Maurice Lacroix World Triathlon Rankings. Her powerful run was only contested by France's Leonie Periault, who claimed the second place, while Olympic Champion Dame Flora Duffy had to battle hard to finish in third place. Taylor-Brown clocked a time of 1:51:44, with Periault crossing the line clocking 1:51:50, and Duffy was clocked at 1:51:55.



Bermuda Football Association

BFA 2022 Awards

The Bermuda Football Association (BFA) held its 2022 BFA Awards Ceremony on Saturday, May 7, at the Earl Cameron Theatre at City Hall. The winners of the awards are as follows.

BERMUDA FOOTBALL 2022 AWARDS

Highest Goal Scorer

Premier Division:

Enrique Russell – PHC

First Division:

Ian Coke – Boulevard CC

Referee Awards

Youth Referee of the Year:

Sar Smith

Young Referee of the Year:

Amaury Majors

Referee of the Year:

Natasha Trott

Goalkeeper of the Year

Premier Division:

Jaiden Manders
(WSSC) Dandy Town

First Division:

Andrew Lee - BAA

Defensive Player of the Year

Premier Division:

Terrence Webb Jr.
(WSSC) Dandy Town

First Division:

Quinn Outerbridge – HPWC

Young Player of the Year

Premier Division:

Nizigh Spence – (WSSC) Dandy Town

First Division:

Tre Burgess – BAA

Most Valuable Player of the Year

Premier Division:

Marco Warren – PHC

First Division:

Macquille Walker – HPWC

BFA Youth/All Girls' 2022 Awards

U13 Girls MVP:

Keyandae Lightbourne
BFLA & Evans Welch – D. Stars

Defender of the Year

Ayshalay Simons – BFLA

Goalkeeper of the Year

Ash Storey Huges – War. Academy

U13B MVP:

Cairo Tucker – D. Colts

Top Scorer

Zydon Lightbourne Smith (SCC) - 17,
Mahki Wislon (S. Rangers) - 17

Defender of the Year

Kalia Daley – FC Bascome (FCB)

Goalkeeper of the Year

Ethan Adderly – FCB

U13A MVP:

Sami Carolo – W. Archers

Top Scorer

Azende Trott Smith – D. Town - 13

Defender of the Year

Dakayo Leverock

Goalkeeper of the Year

Sam Larett – W. Archers

U15 MVP:

Malachi Henry – W. Archers

Top Scorer

Enrique Mendes – SCC – 9

Defender of the Year

Alexander Rymon Lipinski
W. Archers

Goalkeeper of the Year

Keyen Webb – W. Archers

U17 Girls MVP:

Jahni Simmons – BFLA

Defender of the Year

Samara Darrell – BFLA

Goalkeeper of the Year

Dominique Brown – D. Stars



BERMUDA FOOTBALL AWARDS



Top Scorer – Enrique Russell



First Division Goalkeeper of the Year – Andrew Lee



Young Referee of the Year – Sar Smith



Young Player of the Year – Nizigh Spence (WSSC) Dandy Town

National Archery Association of Bermuda

Archery continues with its outdoor season

Archers continue to take part in the weekly online competition organized in Belgium and is open to archers around the world. Jaydon Roberts continues to compete in the men's 70m recurve division for the month. Robin Selley has moved to the 30m recurve division this month. N'Dera Smith has started competing in the 18m recurve division.

Archery was honored to have participated in the Queen Baton Relay in Bermuda on the 22 May, 2022. For Archery Jaydon Roberts carried the Baton from the Town Hall in St. George's to the next leg of the relay. Coach Ross Roberts was also part of the events as he was an athlete participating in the Commonwealth Games four times in the sport of Target Shooting.

This month, the National Archery Association of Bermuda welcomed Coach Derek Davis. He is the head coach for Columbia University. On three occasions has Coach Davis been awarded with the National Coaching Honors by USA World Archery after first being named the USA Archery Doc Counsilman Coach of the Year in 2013. In 2016 he was the first archery coach to be awarded the Counsilman "Science" award and was recognized by USA Archery and the US Olympic Committee. Davis is also the coach for the prestigious Jr. Dream Team program which is designed to develop young archers who show elite level potential. World Archery Americas is kindly sending coach Davis to train our archers and coaches in preparation for the upcoming Hyundai World Cup Qualifier in July 2022 and several other local and overseas competitions in 2022/2023 season.



Robin Selley

Bermuda Karate Association We've Gone Virtual

The Bermuda Karate Federation executive and local company Palmetto Jack www.palmettoj.com partnered up to create Rank App. Rank App is Bermuda's first global grading book for both Dan and Kyu ranks. The online app is used to both register national grades and generate official certificates via our BKF technical office. With Rank App the Bermuda Karate Federation can follow an athlete's progression in rank chronologically from white belt to black.

Adjudication services offered by a NSGB is not a new concept, it's used in a paper based form by other jurisdictions to verify that athletes and or coaches meet the National/Global standard for Karate.

The Bermuda Karate Federation Certificates produced by Rank App have a unique code that can be used to verify an athlete's current rank (belt level) and stop the use of fake unverified black belt certificates. Currently we can produce Rank Certificates for Shotokan Karate, Goju-ryu Karate and Shorin-ryu Karate. Rank App aids our members and our country.



Jaydon Roberts

DEPARTMENT OF YOUTH SPORT & RECREATION – GOVERNMENT GRANTS

The Minister of Youth, Culture and Sport, the Hon. Ernest Peets recently demonstrated the Government's commitment to sports development by presenting close to \$1.5 million in grants to 15 of Bermuda's National Sports Governing Bodies (NSGBs), the Bermuda Olympic Association and the Bermuda Sport Anti-Doping Authority, all of which are essential to the country's advancement of sport.

Bermuda Basketball Association

Having regard to your 2022/2023 investment request, a sum of \$10,000.00 has been granted to the Bermuda Basketball Association in support of the following:

High Performance – High Performance – FIBA Americas Men's Senior Championships

Bermuda Bicycle Association

Having regard to your 2022/2023 investment request, a sum of \$60,000.00 has been granted to the Bermuda Bicycle Association in support of the following:

High Performance – Elite Caribbean Championships & U23 Overseas Racing (\$30,000)

Junior Development/Programming – Safety equipment servicing & Junior squad overseas racing (\$30,000)

Bermuda Boxing Federation

Having regard to your 2022/2023 investment request, a sum of \$25,000.00 has been granted to the Bermuda Boxing Federation in support of the following:

High Performance – Caribbean Championships, AMBC Championships & Commonwealth Games (\$10,000)

Junior Development/Programming – National Academy (\$10,000)

Coach Development – AIBA Certification Course (\$5,000)

Bermuda Cricket Board

Having regard to your 2022/2023 investment request, a sum of \$100,000.00 has been granted to the Bermuda Cricket Board in support of the following:

High Performance – ICC tournament preparation & competition and curator course

Bermuda Equestrian Federation

Having regard to your 2022/2023 investment request, a sum of \$30,000.00 has been granted to the Bermuda Equestrian Federation in support of the following:

Junior Development/Programming – Junior athlete development & Government Camp (\$20,000)

Coach Development – Training courses (\$10,000)

National Archery Association of Bermuda

Having regard to your 2022/2023 investment request, a sum of \$10,000.00 has been granted to the National Archery Association of Bermuda in support of the following:

Junior Development/Programming – Lancaster archery supplies & equipment

Bermuda Football Association

Having regard to your 2022/2023 investment request, a sum of \$300,000.00 has been granted to the Bermuda Football Association in support of the following:

High Performance – National academy, National team representation & FIFA Referee pathway (\$200,000)

Junior Development/Programming – Youth & girls football development (\$50,000)

Coach Development – National & club coach development (\$50,000)

Bermuda Golf Association

Having regard to your 2022/2023 investment request, a sum of \$25,000.00 has been granted to the Bermuda Golf Association in support of the following:

High Performance – Golf radar and Launch monitor (\$5,000) & assist athletes in preparation for the World Amateur Team Championship (\$10,000)

Coach Development – Golf Development Officer & coaching courses to attain the Level 3 TPI certifications (\$10,000)

Bermuda Lawn Tennis Association

Having regard to your 2022/2023 investment request, a sum of \$20,000.00 has been granted to the Bermuda Lawn Tennis Association in support of the following:

High Performance – FED Cup Competition (\$15,000)

Coach Development – ITF Level 1 Coaching Course (\$5,000)

Bermuda National Athletics Association

Having regard to your 2022/2023 investment request, a sum of \$50,000.00 has been granted to the Bermuda National Athletics Association in support of the following:

High Performance – Travel/accommodations for Elite athletes to compete overseas (\$20,000)

Junior Development/Programming – Travel/accommodations for Junior athletes to compete overseas (\$20,000)

Coach Development – NACAC coaching pathway (\$10,000)

Bermuda Olympic Association

Having regard to your 2022/2023 grant request, a sum of \$100,000.00 to your organization to assist specifically with the **operational cost** as outlined in your application.

Having regard to your 2022/2023 grant request, a sum of \$100,000.00 to your organization to assist with the **Elite Athlete Assistance fund**.

Bermuda Paralympic Association

Having regard to your 2022/2023 investment request, a sum of \$30,000.00 has been granted to the Bermuda Paralympic Association in support of the following:

High Performance – Support of Jessica Lewis for World Championships (\$15,000) and support of athletes to participate in the BISFed World Boccia Championships (\$15,000)

Bermuda Sailing Association

Having regard to your 2022/2023 investment request, a sum of \$50,000.00 has been granted to the Bermuda Sailing Association in support of the following:

High Performance – Expenses associated with international training/competition (\$25,000)

Junior Development/Programming – High School Sailing & Youth Development Squad (\$25,000)

Bermuda Squash Racquets Association

Having regard to your 2022/2023 investment request, a sum of \$10,000.00 has been granted to the Bermuda Squash Racquets Association in support of the following:

High Performance – Expenses associated with international training and competition (\$5,000)

Junior Development/Programming – BSRA Junior Program (\$5,000)

Bermuda Triathlon Association

Having regard to your 2022/2023 investment request, a sum of \$35,000.00 has been granted to the Bermuda Triathlon Association in support of the following:

High Performance – Expenses associated with hosting the Carifta Games (\$30,000)

Junior Development/Programming – Junior Elite Camp & Iowa Competition (\$5,000)

Bermuda Volleyball Association

Having regard to your 2022/2023 investment request, a sum of \$25,000.00 has been granted to the Bermuda Volleyball Association in support of the following:

Junior Development/Programming – High School League, Training Camps & College Exposure (\$15,000)

Coach Development – FIVB partnership and development courses (\$10,000)

Bermuda Sport Anti-Doping Authority (BSADA)

Having regard to your 2022/2023 grant request, a sum of \$586,000.00 to your organization to assist specifically with the **operational cost**.



Minister of Youth, Culture & Sports

Minister Peets said, *“Our Government is fully committed to supporting Bermuda’s young people because we recognise that there are significant societal benefits when our young people are properly nurtured and developed.”* The Minister added, *“An important demonstration of our commitment is our annual sports grants reflecting the tremendous value in investing in our athletes. We provide close to \$1.5 million in grants and funding to Bermuda’s sports bodies so they can continue to help our athletes compete at home and abroad.”* Minister Peets concluded, *“We recognise that by helping to ensuring a robust athletic programme with our sports partners, we can accomplish so much. So, I was pleased to present the recent grants as they are a real and tangible demonstration of the Government’s ongoing support to sports in Bermuda.”*

~ The Hon. Ernest Peets Jr., JP, MP



2022 UPCOMING EVENTS



Bermuda Triathlon Association

Liberty Mutual National Sprint Triathlon Champs taking place in Hamilton on Sunday, June 12. Sign up here:

<https://runsignup.com/Race/BM/Hamilton/LibertyMutualNationalSprintTriathlonChamps?remMeAttempt=>



Clarien Bank Iron Kids Triathlon

Taking place on Saturday, June 18th. Sign up here:

<https://runsignup.com/Race/BM/StDavids/ClarienBankIronKidsTriathlon>



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