

# Department of Youth, Sport and Recreation NEWSLETTER

THE COMPETITIVE EDGE ~ JUNE 2023

## Special Olympics



Micah Lambert wins Gold - Tennis Men's Singles



Alshaunta Symons wins Gold - Tennis Women's Singles

The Special Olympics World Games, held in Berlin, Germany on June 17th- 25th offered the opportunity for athletes to showcase their abilities.

The Bermuda squad, with their total of 11 medals beat the eight they won in Abu Dhabi in 2019.

Micah Lambert led the way by winning gold in the men's singles tennis competition.

Lambert defeated Nadav Sarfati, of Israel,

4-1, 4-2 in the final on Saturday to give the island its second gold at the Games after the success of bowler Alshauntae Symons on Friday.

There were more tennis medals at the weekend, with Bridget Marshall capturing bronze in the women's singles and Zafar O'Loughlin picking up bronze in the men's singles. Lambert and Marshall also won bronze in the mixed doubles.

Patrick Thomas won silver in the men's singles bowling with Wayne Smith securing bronze and Tiannai Lowe claiming bronze in the women's singles. Solay Thomas picked up bronze in the shot put, with Kris Trott and Laura Repose picking up the same colour medal for their efforts in the level B 200 and 800 metres respectively. **Congratulations to Special Olympics Bermuda, coaches and athletes!**



# Congratulations to



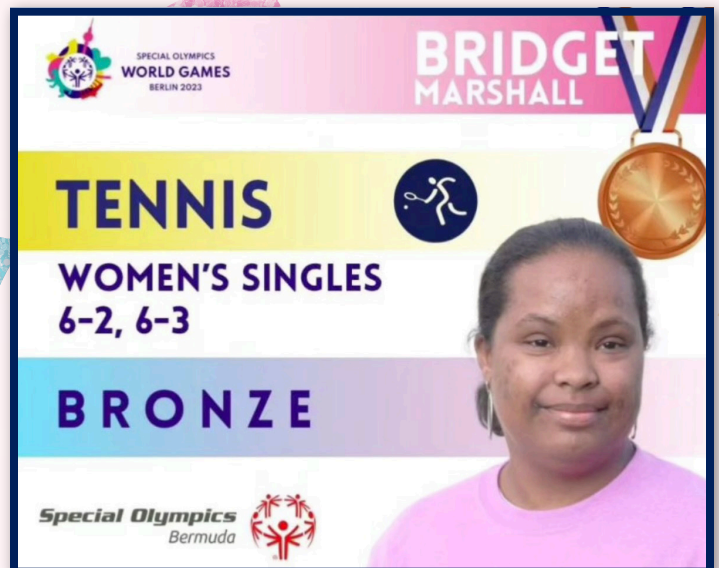
Solay Thomas wins Bronze - Shot Put



Kris Trott wins Bronze - 200M Level B



Wayne Smith wins Bronze - Men's Singles Bowling



Bridget Marshall wins Bronze - Women's Singles Tennis



# all competitors!



**SPECIAL OLYMPICS  
WORLD GAMES  
BERLIN 2023**

**DELEGATION HEADS**

  
Karen Woollery  
HEAD OF DELEGATION

  
Kemda Bean  
ASST. HEAD OF DELEGATION

  
Coach Q  
HEAD COACH

**SUPPORT STAFF**

  
Lacie Williams-Hill  
MEDICAL

  
Michelle Lambert  
FAMILY LIAISON

  
Sacha Richardson  
PUBLIC RELATIONS



*Bermuda Delegation*

**COACHES**

  
Chandra-Lee Bascome  
BOWLING

  
Jordan Bascome  
BOWLING

  
Jennifer Howard  
EQUESTRIAN

  
Chris Cunningham  
SWIMMING

  
Brent Smith  
TENNIS

  
Mujib Swan  
ATHLETICS

  
Juanita Easton  
ATHLETICS

  
Chayce Smith  
ATHLETICS

**TEAM  
BERMUDA**

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Special Olympics Bermuda  
• Delegation Highlights  
• Scores, Lives, & Photos  
• Pre- and Post- Games Coverage  
...and more!

[bermudaspecialolympics@gmail.com](mailto:bermudaspecialolympics@gmail.com)

*#Berlin2023*  
*#UnbeatableTogether*



## Bermuda Amateur Swimming Association

Bermuda swimmers returned to the island on Tuesday, June 20th following an impressive showing at the Bahamas National Swimming Championships in Nassau, which concluded on Sunday, June 18th. The four-day meet produced an impressive 50 medals across the 18-member team as well as four unofficial Bermuda records. National Open Records were broken in the Men's 200-meter Freestyle and 200-meter Medley relays by teams comprised of Brian Desmond, Caleb Ingham, Finn Moseley and Sam Williamson. Each of these records were set over 14 years ago by former Olympians, Roy Allan-Burch and Julian Fletcher.

**TOP RIGHT:** 18 and Over Male relay team Finn Moseley, Caleb Ingham, Sam Williamson and Brian Desmond

**BOTTOM:** 13 to 14 female relay team (Arabella Newport Derbyshire, Marleigh Howes, Katherine Wheddon and Elanna Fulton)



### MEDAL RESULTS

Name	Events	PBs	Gold	Silver	Bronze	Medals
Sam Williamson	7	4	6	0	0	6
Taylor White	8	1	3	4	0	7
Marleigh Howes	8	2	3	2	2	7
Arabella Newport Derbyshire	7	1	2	3	0	5
Elanna Fulton	7	1	1	1	2	4
Brian Desmond	6	2	1	0	0	1
Connor Hupman	7	2	0	4	2	6
Thomas Cechini	7	2	0	2	3	5
Violet Smith	7	2	0	1	2	3
Katherine Wheddon	7	1	0	0	2	2
Finn Moseley	7	4	0	0	1	1
Flynn Watson-Brown	5	2	0	0	1	1
Pippa Charleson	7	2	0	0	1	1
Imojen Judd	7	0	0	0	1	1
Noah Maranzana	7	4	0	0	0	0
Tallulah Parkinson	7	4	0	0	0	0
Rhys Insley	7	2	0	0	0	0
Caleb Ingham	5	1	0	0	0	0
<b>Total</b>	<b>123</b>	<b>37</b>	<b>16</b>	<b>17</b>	<b>17</b>	<b>50</b>



The newly established 15 – 18 Age Group Mixed Medley relay records were initially set by Elanna Fulton, Noah Maranzana, Marleigh Howes and Connor Hupman and were later broken by the team of Imojen Judd, Rhys Insley, Pippa Charleson and Flynn Watson-Brown.

Leading the individual medal count for Bermuda were Taylor White (7), Marleigh Howes (7), Sam Williamson (6) and Connor Hupman (6). Several other swimmers left the Championship with multiple medals. The team included Thomas Cechini, Pippa Charleson, Brian Desmond, Elanna Fulton, Marleigh Howes, Connor Hupman, Caleb Ingham, Rhys Insley, Imojen Judd, Noah Maranzana, Finn Moseley, Arabella Newport Derbyshire, Tallulah Parkinson, Violet Smith, Flynn Watson-Brown, Katherine Wheddon, Taylor White and Sam Williamson and was led by National coaches Ben Smith and Shona Palmer.

Bermuda team with Coaches Shona Palmer and Ben Smith

RELAY RESULTS			
Swimmers	Relay Team	Event	Place
Elanna Fulton	Girls 13-14	4x50m Free	2
Marleigh Howes		4x100m Medley	1
Arabella Newport Derbyshire		4x50m Medley	1
Katherine Wheddon		4x100m Free	1
Swimmers	Relay Team	Event	Place
Brian Desmond	Boys 18&O	4x50m Free	2
Caleb Ingham		4x100m Medley	2
Finn Moseley		4x50m Medley	1
Sam Williamson		4x100m Free	1
Swimmers	Relay Team	Event	Place
Elanna Fulton	Mixed 13-14	4x50m Medley	3
Marleigh Howes			
Connor Hupman			
Noah Maranzana			
Swimmers	Relay Team	Event	Place
Pippa Charleson	Mixed 15-17	4x50m Medley	4
Rhys Insley			
Imojen Judd			
Flynn Watson-Brown			







Bermuda National Championship Winners (Cameron Morris, Caitlyn Conyers, Kaden Hopkins, Annabelle Miller and Steven Smith)

## Bermuda Bicycle Association

Bermuda National Time Trial Championships Set the Stage for an Exciting Series of Cycling Events

Hamilton, Bermuda, June 15, 2023 – The Bermuda Bicycle Association is thrilled to announce the successful completion of the Bermuda National Time Trial Championships, held at Clearwater on Thursday, June 15, 2023. This exciting event witnessed the crowning of national champions in various categories.

Kaden Hopkins demonstrated his exceptional skills and claimed the National Time Trial title in the **'Open Male'** category, while Caitlin Conyers emerged victorious in the **'Open Female'** category. Jackson Langley showcased his talent and secured the National Time Trial title in the **'Junior Male'** category, with Annabelle Miller earning the corresponding title in the **'Junior Female'** category. The **'Masters Male'** and **'Masters Female'** categories saw Steven Smith and Nicole Mitchell respectively, taking home the prestigious titles.

The attention now turns to the highly anticipated Road Race, which was scheduled for Sunday, June 18, 2023. Starting and finishing at Whitney School, the course will take riders on a challenging 10 mile eastern loop. The National Road Race Championships was a thrilling battle, as cyclists showcased their endurance, tactical prowess, and determination.

### Here are the race details for each category:

<b>Open Male:</b>	<b>6 laps, covering a total of 60 miles</b>
<b>Masters Male:</b>	<b>4 laps, covering a total of 40 miles</b>
<b>Open Female:</b>	<b>4 laps, covering a total of 40 miles</b>
<b>Junior Male:</b>	<b>4 laps, covering a total of 40 miles</b>
<b>Junior Female:</b>	<b>3 laps, covering a total of 30 miles</b>

The BBA extends their heartfelt thanks and appreciation to the volunteer race director, officials, marshals, registration team and the set-up and the road clearing crew for their invaluable contributions in making the Bermuda National Time Trial Championships a safe and successful event.

For further updates and information on the Bermuda National Road Championships, including future events and results, please visit the BA's, Facebook Page.



## Bermuda Boxing Federation

The Bermuda Boxing Federation (BBF) is delighted to announce National Coach Jermel Woolridge's accomplishment in achieving the International Boxing Association (IBA) 1-star coaching certification.

Coach Woolridge states "I am extremely happy to be the first boxing coach in Bermuda to receive this designation. The BBF has been trying to get local coaches, who meet the requirements, into this IBA certification course for a really long time now. At the end of March we were given the opportunity to take part in this course online for the first time. However, due to the Instructor being based in Poland, it required a 4 AM start every day including weekends for 2 weeks even over the Easter period."

"The course involved daily testing on the topics of the day, group interaction. For the final exam participants created a video submission demonstrating the skill set we had discussed or learned during the course. This was followed by a multiple choice test." "I am now fully qualified to coach fighters who will be representing Bermuda at any IBA or Elite level boxing competition globally. This comes at the perfect time as I will be attending the CAC Games in El Salvador with our national boxer Adrian Roach in a few weeks."



If you are interested in obtaining local coaching certification, forming a boxing club at your school (homeschool, public or private), donating to our programs or volunteering with us, visit our website [www.bermudaboxing.com](http://www.bermudaboxing.com).

For more information about the Bermuda Boxing Federation, we can be also contacted on Instagram or Facebook.

## Archery

### Archery is taking the World by Storm in June 2023

The Central American and Caribbean Games, World Archery Youth Championships and the NatWest Island Games are the targeted events for Bermuda Archers in June 2023.

Camerin Pickering is off to the CAC Games in El Salvador to compete in the Men's Individual Recurve 70m event. This is a first for Bermuda and Archery to have an individual competing in these games. He will be accompanied by Coach Ross Roberts who is expecting good scores and a solid performance from Camerin.

Jaydon Roberts and Robin Selley will be making their debut at the World Archery Youth Championships in Limerick, Ireland which is another first for Bermuda in Archery. These juniors will be accompanied by Coach Trina Roberts. These juniors are ready to perform in their individual Men's and Women's Individual Recurve 70m events along with a Mixed Team Event. The archers have been diligently preparing for this event since January 2023 increasing their training time over the past two months. The expectation is a solid performance from the two juniors with some good scores.

Bernard Wade III and Robert O'Connor are no strangers to the NatWest Island Games which will be held in Guernsey. They will be participating in the 1440 Men's Recurve Individual event which is 36 arrows at 90m, 36 arrows at 70m, 36 arrows at 50m and 36 arrows at 30m. In addition, they will also compete in the Men's Individual 720 which is 72 arrows at 70m. Bermuda, in June 2017, received a Silver Medal in the Mixed Team event at the Island Games. These archers will be accompanied by Coach Paul Harshaw and the expectation is good scores from these two as well.



Camerin Pickering – Archer CAC Games



## Archery cont'd



Robert O'Connor and Bernard Wade III – Archers NatWest Island Games



Robin Selley and Jaydon Roberts – Archers World Archery Youth Championships

## Bermuda Hockey Federation

In preparation for the CAC Games, the Cal Bears toured Bermuda to play practice games against the Women's National Team. Outside of playing matches, they took time to host coaching sessions at several schools and hosted Somersfield Primary and Middle School hockey teams at the National Stadium. During the team's time on island, they provided fun and expert coaching and served as fantastic role models to young, aspiring hockey players who thoroughly enjoyed the sessions. and did In addition, Dr Ty-Ron Douglas, a Bermudian educator and Associate Athletic Director of Diversity, Equity, Inclusion, Belonging & Justice (DEIBJ) at Cal Athletics led an engaging session on attending the university as a D1 athlete giving tips on how to apply and make your name stand out among the 1000s of applications.

These 18 national team players ranging from 17 to 52 years old have committed to several training sessions, 5 days a week for the last few months with early morning technical training and fitness and skills training in the evenings and games on the weekends. All have made personal sacrifices from family and special events over the course of all three training phases and all have had to balance working full-time; studying for final exams and managing families. The Board of the Bermuda Hockey Federation wishes to acknowledge the hard work and effort of these players, coaches, team managers, fitness coach, team physio and all other officials and volunteers who have all contributed to the success of the Bermuda Women's National Field Hockey team and wish them every success at the upcoming CAC Games in Dominican Republic in June.

BERMUDA SQUAD HEAD COACH: <b>Kovin Moodley</b>	TEAM MANAGER: <b>Latonia Fray</b>	TEAM PHYSIO: <b>Fiona Braidwood</b>
ASST COACH: <b>Rupert Cuddon Large</b>		
Alyssa De Silva	Georgia Harris	Megan Troake
Elizabeth Stewart (reserve)	Maha Clarke	Lauren Cardwell
Jessica Hollis	Yvonna Osborne	Jasmine Patterson
Emily Chadderton	Jennifer Chisnall	Isabel Roe
Lakae Tavares	Keishae Robinson	Mallory Towlson
Leyla Ganai (reserve)	Juliette Ferrari-McComb	Christina Stephens





Jessica Hollis



Women's National  
Hockey Team

## Bermuda Karate Federation

### Bermuda Coaches Receive Accreditation

The Bermuda Karate Federation (BKF) is proud to announce that three of its esteemed coaches, Trevor Williams, Andrea McKey, and Charles Butterfield, have successfully completed the World Karate Federation (WKF) coaching course, becoming internationally recognized WKF Accredited Coaches. This significant achievement not only highlights the dedication and hard work of these coaches but also showcases the commitment of the BKF to providing the highest level of coaching and training to its members.

Trevor Williams, a seasoned practitioner with years of experience, demonstrated his unwavering passion for karate throughout the course. His extensive knowledge and expertise make him a valuable asset to the BKF coaching team.

Andrea McKey, known for her outstanding coaching abilities and her unwavering dedication to the karate community, proved her commitment to continuous improvement. Her successful completion of the WKF Coaching Course further enhances her coaching repertoire.

Charles Butterfield, a respected figure in the karate community, showcased his exceptional coaching skills and leadership qualities during the WKF Coaching Course. His achievement as a WKF Accredited Coach solidifies his standing as a highly respected and competent instructor.

The WKF Coaching Course is internationally recognized and covers a comprehensive range of coaching principles, athlete development, training methodology, and competition preparation. By completing this rigorous program, Trevor Williams, Andrea McKey, and Charles Butterfield have further expanded their knowledge and skill sets, ensuring that the BKF's coaching standards remain at the forefront of the karate world.

Their achievement as WKF Accredited Coaches reflects their dedication to continuous learning and their commitment to providing exceptional coaching experiences to BKF members. Their expertise will undoubtedly inspire and positively impact the next generation of karate practitioners.

The BKF extends its heartfelt congratulations to Trevor Williams, Andrea McKey, and Charles Butterfield on this remarkable accomplishment. Their success is a testament to their unwavering passion, hard work, and unwavering commitment to the development of karate in Bermuda.

With this new international recognition, the Bermuda Karate Federation is poised to reach greater heights and continue to promote excellence in coaching and athlete development within the karate community.

Trevor Williams



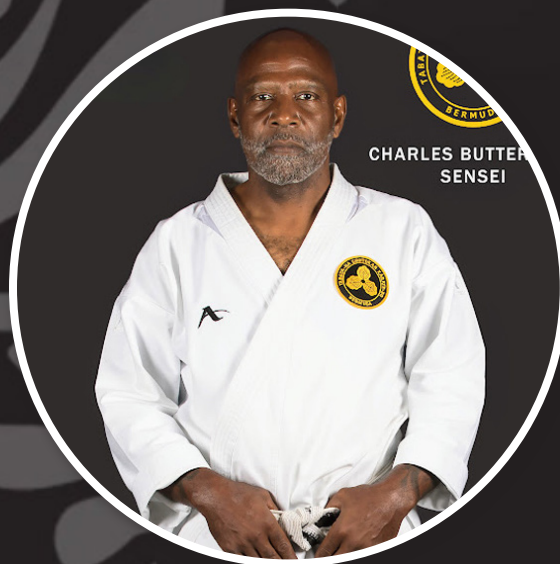




Andrea Mckey



Nigel Williams



CHARLES BUTTERFIELD  
SENSEI

Charles Butterfield

## Bermuda Sailing Association

Bermuda Sailing Association (BSA) is pleased to announce that two athletes will be representing Bermuda at the Paris 2024 Test Event in Marseille, France July 7-16th. The Test Event will closely mirror the Olympic Games competition, with each country sending only one boat per class.

The Test event is used as a dress rehearsal and will operate in the same format as the upcoming Olympic Games in 2024. Test events traditionally provide organizers and Olympic authorities with an opportunity to test personnel and venue staging, working to optimize plans leading to the Olympic Games.

Representing Bermuda at the Test event is Adriana Penruddocke in the Women's Single Handed (ILCA 6 Class) and Campbell Patton in the Men's Singlehanded (ILCA 7 Class).

Adriana has been the top ILCA 6 sailor for Bermuda for several years now and will also be representing Bermuda at the Pan Am Games in October. Campbell has been the dominant male Bermudian ILCA 7 sailor in a hotly contested class. Campbell will also be representing Bermuda in the Pan AM Games. Both Adriana and Campbell have qualified for this event through events over the past year in international competitions around the globe and against other Bermudian sailors.

Many of the sailors they are competing against at the Test Event will be their main competition for the Paris 2024 Olympic country qualifiers and this will be a true gauge of their competitiveness in this field.

Following this event, both Adriana and Campbell will be attending the 2023 Sailing World Championships for all Olympic classes in The Hague, Netherlands from August 10-20, which serves as the first, and largest, country qualification opportunity for the Paris 2024 Games.



**TOP RIGHT:** Adriana Penruddocke  
**BOTTOM:** 2021 Campbell Patton Sr Euros





## Bermuda Triathlon Association

### Mexico magic

Erica Hawley and Tyler Smith travelled to Mexico to compete in the World Triathlon Cup, Huatulco. Hawley achieved her highest finish in World Cup racing, crossing the line in eleventh place in an impressive time of 1:11:52. In the elite men's division, Tyler Smith, raced his way to a 25th-place finish despite picking up a penalty in transition after a strong swim and bike. He completed the event in 55:45 seconds just over 90 seconds adrift of the leader.

### Ironman success

The longer distance triathletes have been out in force this month.

Eight athletes from Bermuda travelled to the Blue Ridge Mountain Ironman 70.3 in Roanoke, Virginia on June 4th. On an extremely hilly course, Phil Mace placed 1st in his age group with a phenomenal time of 4:41:46, Ashley Couper finished second, Dan Samilski placed 8th and Byron Renken placed 12th. Congratulations also go out to Marna Lau, Leanna Coetsee and Darren Thompson.

A week later, several triathletes headed out to Maryland to compete in the Eagleman Ironman 70.3. Notable finishes include Christine Dailey placing 3rd, Kristen Robinson 6th and Mark Robinson placing 12th in their age group. Ian Henderson, Jeremy Shrubbs, and Neil Lupsic also put in strong performances in Gerry Boyle Park.

That same weekend, Steve Smith competed in a 70.3 in Springfield Massachusetts with an insanely fast bike time!

### Local events

The local triathlon calendar has been greatly affected by the inclement weather with Clarion IronKids and the weekly Thursday Night Sprint events being cancelled this month due to concerns about safety. Clarion IronKids will now take place on Sept 17th.

Fortunately, the National Heroes Day Home Event went ahead as planned from the Harrington Sound dock despite the heavy rains. Philip Mace finished ahead of Geoff Smith and Mark Robinson in the male division with Ashley Couper in first followed by Fenella Wightman and Leanna Coetsee in the women's race.



TOP Erica Hawley  
BOTTOM: Local event

## Pickleball Association of Bermuda Grand Opening of WER Joell Tennis Stadium



Pickleball Extravaganza

The WER Joell Tennis Stadium hosted a Pickleball Extravaganza to celebrate the official opening of the brand-new courts at the site on Saturday, June 3, 2023. The Extravaganza included a ribbon-cutting ceremony by Owen Darrell, the sports minister, as well as a demonstration of Pickleball techniques by elite players, open-play events, and those in attendance being given an opportunity to try their hand at the sport. To help meet the demand of the rapid growth of the sport in recent years on the island, the Department of Youth, Sport and Recreation, in collaboration with the Pickleball Association of Bermuda, oversaw the conversion of existing tennis courts, designed to provide a state-of-the-art facility for players of all skill levels and ages to enjoy.

### **Deloitte Open 2023 Pickleball Tournament**

The Deloitte Open Tennis and Pickleball Tournament will take place at Pomander Gate Tennis Club from June 18 to July 2. Pickleball events include Men/Women Singles, Men/Women Doubles, Mixed Doubles, and Junior Fun events. 118 entries have been received.

### **Commercial league**

In its 6th week, the CPL is going strong. There are 6 Division 1 and 8 Division 2 teams. They play on Tuesdays and Thursdays respectively and will run until July. We have received requests from 5 additional teams to join in the next round.

### **PAB Mixers at WER Joell Tennis Stadium**

All are welcome. Participants are grouped by play level from beginner/intermediate and above. The cost is \$5 to cover court fees. A WhatsApp group has been formed by participants, who are now running their own play. Formal, PAB-run mixers are run once per month. Anyone interested in participating should email [pabermuda@gmail.com](mailto:pabermuda@gmail.com).

**Training & Certification:** Updates to follow

## Table Talk Membership levels

As at June 21, 2023, the PAB had 168 members (May 31, 2023 151 members).

### **WER Joell Tennis Stadium**

As an indicator of uptake a resource needs, if possible, we will be reporting on court usage rates.

## IN THE NEWS

*Media Mya. Have you ever heard of Pickleball?*

*The Royal Gazette, June 3, 2023. An extravaganza of Pickleball to celebrate opening of new courts*

*The Royal Gazette, June 3, 2023. Pickleball expansion continues with opening of new courts*

*Government of Bermuda, June 2, 2023. Ministry to Support Pickleball Courts Opening*

*Bernews, June 4, 2023. Photos, Video & 360: Pickleball Extravaganza*

*The Royal Gazette, March 2, 2023. The hotel submits an application for Pickleball courts*

## The World Stage

*International Pickleball Federation, Inc. 78 Member Countries, 86 Organisations including Bermuda*

Read the most recent Op Eds. “No Country Left Behind”, May 2023 and commentary on the state of the governing body, “Clean Up on Aisle Pickleball”, June 2023.





### Changing the Rules of the Game

There were some rule changes for the game earlier this year! Here is a summary of some changes:

- The serve shall be made with only one hand releasing the ball. While some natural rotation of the ball is expected during any release of the ball from the hand, the server shall not impart manipulation or spin on the ball with any part of the body immediately prior to the serve.
- Players shall avoid wearing clothing that closely matches the ball colour

Player Age Summary	#	%
Attendees aged 9 to19 years old	14	15%
Attendees aged 19-54 years old	39	41%
Attendees aged 55 years old and up	27	28%
Attendees aged 70 years old and up	6	6%

Majority of attendees were in their 30s, 40s and mid-50s  
Almost 40% of attendees had never played before  
Almost 50% of attendees had only played a few times

Attendees by Gender	#	%
Women	64	67%
Men	32	33%
Attendees by Age	#	%
9+	6	6%
13+	4	4%
16+	4	4%
19+	3	3%
30+	14	15%
40+	13	14%
50+	9	9%
55+	11	11%
60+	7	7%
65+	3	3%
70+	2	2%
75+	2	2%
80+	2	2%
Not reported	16	17%
Attendees by Level of Pickleball Experience	#	%
A few times	44	46%
Never	36	38%
Not reported	10	10%
Regularly	6	6%

- If the wrong score is called, the referee or any player may stop play before the return of serve to correct the score.
- In officiated matches, the referee may call for a replay if the referee is not certain that one or more of the requirements of the serve

### Our Impact! Bermuda Pickleball Extravaganza June 3, 2023

#### Impact Reporting

##### This is us!

6 hours of active play | 4 permanent courts, 1 practice court and a practice wall 120-150 players rotating on courts throughout the day | Over 50 people serving in 60 supporting roles: planning, on-site volunteerism, vendors, sponsors, and promotion | 96 registered participants\* | Over 120 attendees\*\* | The majority of attendees, almost 70%, were women (33% were men)



