



Department of Youth, Sport and Recreation

NEWSLETTER

THE COMPETITIVE EDGE ~ AUGUST 2023

Bermuda Squash Association



TOP: Jr CASA Opening Ceremony (Bermuda Jr. Squash Team) RIGHT: Mason Smith

The junior squash team competed in the 2023 Junior Caribbean Squash Championships (CASA) this summer held in St. Vincent & the Grenadines. The Bermuda team consisted of 8 girls and 9 boys, which was the largest contingent the BSA ever sent to the competition. The team brought back the following individual achievements:

Taylor Kyme - GU11 3rd place

George Qureshi - BU11 5th place

Ben Sherratt - BU11 2nd place

Mason Smith - BU11 1st place

Mckenna Kyme - GU13 3rd place

Leilani Carpol - GU13 6th place

William Frith - BU15 5th place

Owen Rosorea - BU15 2nd place

Somers Stevenson - GU15 2nd place

Eli Carpol - BU17 6th place

Andrew Cox - BU17 4th place

Gabrielle Turchiaro - 5th place

Girls Overall Team - 4th place

Boys Overall Team - 3rd place



Mason Smith was our first CASA winner in over 10 years and our first U11 winner ever (photo attached). Bermuda have some bright squash prospects coming up in our younger age groups!

Our Boys' team finished 3rd place overall and the Girl's team 4th place overall which is the highest place position that our girls have come in many years.



GOVERNMENT OF BERMUDA

Department of Youth, Sport and Recreation



SPORTMATTERS

Bermuda Equestrian Federation

EQUESTRIAN CODY REGO ACHIEVES TOP PLACINGS

2023 GREAT LAKES EQUESTRIAN FESTIVAL – 18th – 23rd July 2023

Bermuda's Cody Rego continues to shine in USA competition arenas and most recently achieved top placings at Week 3 of the 2023 Great Lakes Equestrian Festival held in Traverse City, Michigan. Riding the 9-year-old Zangersheide gelding Domingos JT Z, Cody captured first place in the TCHS Equestrian 3'6"/WEC Premier Equitation Cup. This talented team went on to score 94 points in the WIHS Hunter Phase thus claiming another 1st place! In the WHIS Jumper Phase, Cody scored 81 to claim a commendable 3rd place for the WIHS Overall class division.

Cody Rego on Domingos JT Z





Blaire Crews on Simply Henry

As of the 20th of July, Cody Rego continues to hold the top-ranking spot for the Washington International Horse Show (WIHS). <https://wihs.org/wihs-rankings/> The **WIHS EQUITATION CHAMPIONSHIP FINALS** will be held from the 23rd – 29th October 2023. Qualification for this prestigious FINALS is based upon two leagues. Only the top 30 riders from the East Coast League and the top 10 riders from the West Coast League are invited to compete in the WIHS Equitation FINALS.

In addition to qualifying for the aforementioned WIHS Equitation FINALS Cody, has qualified for two additional prestigious USA Championships.

The ASPCA MACLAY FINALS is considered the ultimate equitation class for junior riders and is one of the most coveted Championships. Throughout the year, riders compete in specific Maclay equitation classes with the goal of qualifying to compete in the FINALS. The 2023 ASPCA Maclay FINALS will be on the 4th and 5th of November at the National Horse Show, Kentucky Horse Park.

The DOVER SADDLERY/USEF HUNT SEAT MEDAL FINAL comprises multiple rounds and is judged on equitation over a jumping course set at 3'6". Riders qualify for the FINALS by accumulating points in qualifying classes held throughout the competition season. The FINALS will take place on the 15th of October at the Pennsylvania National Horse Show, USA.

JUNIOR EQUESTRIAN TRAINING AND COMPETE OVERSEAS

Several Junior equestrians are, or will shortly be, attending Aiken, South Carolina to train with well-known clinician Wendy Arndt. Wendy is no stranger to Bermuda equestrians having regularly visited our Island to conduct clinics. Thus, the summer holiday provides an ideal opportunity for Bermuda equestrians to gain additional training as well as experience competing in USA Equestrian events.

Recently summer students were given the opportunity to compete in Tyron Summer Series held at the beautiful Tryon International Equestrian Centre. In addition to gaining value show experience, our riders also collected a few rosettes.

The BEF is delighted to share that young Blaire Crews, riding Simply Henry claimed 1st place in the 11 years & under Equitation Flat Class as well as a 4th place in the Equitation Over Fences 2'2" division. Riding Cavalli in the 2'3" jumping class, Blaire collected another 4th place. In the older age division, Tyler James riding Casual Z placed 2nd in the 1.10 m jumping classes whilst Cooper White riding his own horse, Cupido, claimed 4th place in the Children's Jumper 1.10. Julia Slade riding her own horse Love Dreamer 2, was 3rd place in the USHJA Jumping Seat Medal.

Bermuda Hockey Federation



BHF Sportways™ Summer Hockey Camp 2023



Myrthe Hagemans & Bert Remmerswaal, Technical Directors from SportsWays™

Bermuda Hockey Federation – Sportways™ Summer Hockey Camp 2023

For the last 5 years, the Bermuda Hockey Federation has partnered with SportsWays™ to hold its annual summer hockey camp in July hosted by Dutch coaches. It should be noted that the Netherlands Men's and Women's National Teams are both ranked No. 1 in the world so the BHF feels privileged to be able to offer the 'Dutch' experience to our local junior players and coaches! The SportsWays™ camps are known globally for their high-quality hockey programmes and unique fun vibe – indeed, the BHF's National Coach, Kavin Moodley, is a SportsWays™ graduate and was the tournament director at the recent Barcelona SportsWays™ camp held in August and attended by 4 of our junior players who also coach the FunStix Junior Program in Bermuda.

This year's Sportways™ Camp was a classic led by Myrthe Hagemans, Technical Director of Overnight Camps at SportsWays™ and also returning, Bert Remmerswaal, Head Coach for Stichtsche Cricket and Hockey Club and a Technical Director of SportsWays™. Also coaching at the camp were locals: Alex, Connie, Sydney, Hamish, Charlie, Eva, and Hannah who honed their coaching skills to enhance the BHF's junior programmes.

The camp hosted a staggering 75 participants ranging from 5 to 15 years old and kicked off the camp learning the words and dance moves to Links Rechts by the Snollebollekes (a classic Dutch anthem) before moving into technique training and skills development and mini-games of Steal the Bacon, Hungry Hippos, and Sharks and Minos – a crowd favourite!

The first afternoon of the camp is always an exciting time as Tournament Teams are announced and designated teams and their coaches come together to coordinate positions and strategies but more importantly to come up with team names and mandatory goal celebrations.

This year's teams were the England Lions, South African Salamanders, Madagascar Meerkats, Italian Chickens, Brazilian Bears, and Antigua and Barbuda Barracudas. Each team created signature celebrations which had to be performed in order to be awarded a goal. Some notable celebrations were Bowling, the goal scorer bowling an imaginary ball to their teammates standing in the nine-pin formation and falling over! The Brazilians used their hockey sticks as surfboards to celebrate their goals in classic fashion.

Throughout the course of the week, the participants experienced some amazing clinics learning new skills and techniques with social games being interspersed with hockey and bringing out weird and wonderful talents of the participants such as joke telling, ballet dancing, scavenger hunting, poem writing, hand standing, competition burpees, and an obvious classic...opera singing.

The conclusion of the camp and main highlight is the Tournament Round which is the final competition showcasing all the skills and knowledge accumulated through the week by all the participants. It is also when natural leaders emerge and the best is brought out in all players with the oldest leveraging all their skill to secure victory and even the youngest players making incredible saves on the line to change the outcomes in the games. This year England and South Africa met in the final officiated by Umpires Bert and Myrthe, and 'VAR' Official Alex. The game was nearly won 2–1 by England but South Africa had a successful VAR review awarding them a late goal to draw the game with the result being decided by a penalty shoot-out from the halfway line with South Africa holding their nerve and securing the Tournament win.

Look out for the SportsWays™ Camp Bermuda next year, the first week of July 2024!

Bermuda Olympic Association

TEAM BERMUDA AT THE COMMONWEALTH YOUTH GAMES

The seventh Commonwealth Youth Games took place on the islands of Trinidad and Tobago between 4th – 11th of August 2023 with Bermuda represented by 16 athletes in five sports: athletics, beach volleyball, cycling, swimming and triathlon. The hosts of the Trinbago Games delivered on their promise to make the experience one which reflected their culture and engagement of participants.

Trinbago 2023 Team Bermuda members:	
Athletics	Denver Tucker (200m)
Beach Volleyball	Natalie Gazzard & Kayley Hamilton
Cycling	Cameron Morris & Annabelle Miller
Swimming	Adriana Argent, Elanna Fulton, Marleigh Howes, Isabella Howes, Thomas Chechini, Flynn Watson-Brown & Brandon Adkins
Triathlon	Jackson Langley, Fenella Wightman, Daria Desmond & Jamie Bedford

Starting with the opening ceremony in Hasely Crawford Stadium in Port of Spain, Trinidad, and ending with the closing event in Tobago, the entire game's atmosphere was one that was highlighted by the participation of both sister islands. This served as a means of bringing athletes together from diverse cultures, through sports, from around the globe. These multi-sport games were an opportunity for the sporting stars and leaders of tomorrow to be united through sport while finding their common interests as members of the Commonwealth. Beyond the various fields of play, Team Bermuda had the opportunity to reunite with familiar athletes from our Caribbean region and to make new friends from around the world, making the experience at Trinbago 2023 one that will last a lifetime.

Our Chef de Mission, Ashley Yearwood, had this to say about her Trinbago 2023 experience. "Being Chef de Mission means early mornings and late nights, it also meant flying back and forth from Trinidad and Tobago! It was a hard job, but it is completely worth it when your team is full of incredible young athletes like Team Bermuda was. For most of the team, this was their first international competition at this level and that came with a lot of added nerves and mental preparation. I believe this was a great learning experience for these athletes and a step towards becoming better athletes. Overall, the team did a great job. We had a ton of personal bests in swimming, volleyball finished



Junior Commonwealth Games



Bermuda Junior Commonwealth Team

higher than they were ranked, Denver is coming back from an injury and has really shown some great strides in his recovery. Our triathletes had great races and showed a lot of heart and grit, and our cyclists both had great rides. I think the most important part of these games is the learning component. Every single one of our athletes are coming away from these games with not only things to work on but with a better understanding of who they are as athletes. We couldn't be prouder of the performance of these young athletes!"

Although our athletes didn't come away from Trinbago with medals, all our athletes turned in strong performances and proved that they could hold their own while competing with the larger countries. They also made connections with other young athletes from all over the Commonwealth, immersed themselves into the culture of twin islands Trinidad & Tobago and certainly made memories that will last forever.





VOLUNTEERS

Make it Happen!

Special Olympics
Bermuda



Volunteers are the backbone of the Special Olympics movement. They are our coaches, coaching assistants, event staff, transportation providers and more!

Special Olympics would not exist today—and could not have been created—without the time, energy, commitment and enthusiasm of our volunteers.

JOIN THE MOVEMENT

 Special Olympics Bermuda  bermudaspecialolympics@gmail.com



ATHLETES

Make It Worth It!

Special Olympics
Bermuda



Special Olympics provides year-round sports training and athletic competition opportunities in a variety of Olympic-type sports for children and adults with Intellectual Disabilities. Through this, our athletes have continuous opportunities to develop their physical fitness, demonstrate courage, experience joy and participate in the sharing of gifts, skills and friendship with their families, other Special Olympic athletes and the community.

- ✓ Seasonal & Year Round Sports Programs
- ✓ Local & International Competition Opportunities
- ✓ Leadership Programs
- ✓ Social Bonding Activities
- ✓ Event Volunteer Opportunities
- ✓ ...and more!

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COACHES

Make a Difference!

Special Olympics
Bermuda



Coaches teach the skills, attitude, values and spirit that define a true athlete.
Special Olympics coaches go even further—they support athletes with Intellectual Disabilities to discover their own strengths and abilities.

JOIN THE MOVEMENT

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Gymnastic Federation of Bermuda

Bermuda gymnasts had an incredible experience at the International Gymnastics Camp in Pennsylvania.

Tse Burgess, Sean Lawrence, Ajana Patton (Level 8-9); Lexi Daniel, Hayleigh Cherry, and Maddie Bigley (Level 6), along with their coach Anna Balada, had the opportunity to gain international exposure and exchange knowledge with renowned international elite coaches.

During the week-long camp from July 22nd to July 29th, the gymnasts had five hours of training each day learning new skills with high-level gymnasts in preparation competitions for the next season. Anna appreciated daily lectures and training sessions with some of the world's best coaches.

Our gymnasts represented Bermuda exceptionally well, as they were placed in top-level groups and displayed outstanding work ethic and kindness.

Additionally, Lexi and Tse won individual camp awards for dedication and kindness.





Tse Burgess



Sean Lawrence, Tse Burgess and Ajana Payton

Bermuda Sanshou Association

Teenager Kallan Todd beats adults at World Kickboxing and Karate Championships

Kallan Todd is proud of his courageous display at the World Kickboxing and Karate Championships in Bali, Indonesia. The 16-year-old punched well above his weight as he came away with two wins in three matches against adult opponents after being the sole junior competitor in his K-1 class. Despite feeling the effects of jet lag after making the long journey to the Asian country, Todd had enough energy to secure a split-decision win against Iranian Mehran Cheriki in his first match.

He then shifted into high gear the following day with an excellent display of K-1 kickboxing on the way to a third-round knockout win against Faramarz Abdi, also of Iran, in his next foray in the ring. Todd's only blemish came in a loss via submission against Ryker Tepania, of New Zealand, on his mixed martial arts debut.

The promising athlete came away from last week's event with two gold medals and a silver and was gracious to still be able to compete under the circumstances.

Also flying the island's banner at the event was Krista Dyer who earned a gold medal after beating New Zealand's Michelle Ihaka on points in a Low Kickboxing bout. The 35-year-old then suffered a unanimous points decision loss to Ihipera Mackey, of New Zealand, in the 63kg female Emerge Series final in K-1 rules.

Garon Wilkinson, the Bermuda Sanshou Association president, is pleased with the pair's performances at the event. "Overall, I was really pleased with the team's performance," he said. "We always step up to the plate. "Kallan, having the maturity to compete against older athletes, just showed that our programme is progressing as we've planned. Krista had an amazing first match and she looked very comfortable in the ring on both days.

Wilkinson also saw action in the ring unexpectedly after receiving a last-minute opportunity to compete against unmatched opponents, claiming gold in his kickboxing match and silver after losing in a karate contest.

The local contingent was also accompanied by team manager Nolette Webb who doubled up at the event as a Pan American certified kickboxing judge. "Nolette has officiated over 40 bouts and it wasn't the initial plan for her to come out here and officiate," Wilkinson said. "But when requested, because we do have qualifications, we are always willing to step up."

Pan American Kung Fu Championships in Ontario, Canada

Bermuda's athletes did the island proud competing at the Pan American Kung Fu Championships in Ontario, Canada, on August 3 – 6th.

The team of Garon Wilkinson, Kaelin Cox, Talia Iris, Errin Cann, Krista Dyer, Kallan Todd, Tristan Robinson, Harrison Selkirk, Geraldine Sidders, Tristan Burgess, Che Beane, Enzi Johnston, Muryah Swan, Quennel Robinson, Jonathan Trott and Cole Durham came away from the event with an impressive 21 medals, including four gold, competing in the various disciplines.

Cox led the charge with three gold medals and a bronze with Dyer and Quennel Robinson securing the island's remaining golds. Wilkinson, the Bermuda Sanshou Association president, Cann and Iris were the remaining team members achieving multiple podium finishes.

BELOW: Garon Wilkinson and Kaelin Cox





Sanda team at 4th PAKC

Wilkinson overcame a hamstring injury to claim a pair of bronze medals while Cann secured silver and bronze and Iris two silver medals. Swan, Todd, Sidders, Tristan Robinson and Selkirk all captured silver while Beane, Johnston and Trott came away with bronze medals.

"Overall, I was extremely pleased with the team," an elated Wilkinson quoted. "In the forms we all medaled, which is fantastic. "You always want to go back home with something, so it is nice to medal, and it was just strong performances across the board."

Bermuda's athletes had their work cut out competing against formidable opponents.

"Divisions were competitive because it was not just the Pan American Championships," Wilkinson added. "They had open competitors mixed in with it, so divisions were stacked with a good number of competitors, and we fared well."



Kaelin Cox, Talia Iris, Garon Wilkinson and Adriano Lourenco da Silva

Led by captains Cox and Dyer, the local contingent held their own competing in Traditional Kung Fu, Wushu San Da and Wushu Taolu at the event that took place at the Markham Pan Am Centre.

The team was accompanied by coaches Cyril Whitter, Dirk Evelyn, Adriano Lourenco da Silva and Jecoa Burrows, along with San Da officials Nolette Webb, Dwayne Cox and Chaquita Simmons.

Bermuda Triathlon Association

World Cup Success for Hawley

Erica Hawley achieved her first podium finish in a World Triathlon Cup race after finishing third in the elite women's race at the Yeongdo World Cup in South Korea. She completed the sprint-distance race in 57:07. Hawley commented after the races that it was "the stuff of dreams."

Tyler Smith races in WTCS Sunderland

Tyler Smith finished 30th in the elite men's race at the World Triathlon Championship Series Sunderland. The Bermudian professional finished the sprint-distance event in 55:44. He commented after the race, "A tough course and great crowds filled with lots of old friends made it a great day out."

Karen Smith Ironman triumph

Not to be outdone by her son, Karen Smith competed in the Ironman Lake Placid event in New York, where she made a dominant performance to win the female 55-59 age group division with a time of 11:29:29.

Smith covered the swim in a time of 1:15:54, clocked a time of 6:04:44 on the bike course, and then recorded a time of 3:57:57 on the run course.

Petty overseas Olympic test event

Patty Petty flew to Paris to officiate at the World Triathlon Olympic Test Events from August 17th to 20th. A highly experienced official, Petty helped judge the elite men's and women's races, the para race and the mixed relay. She will also act as an official at next year's Olympic Games.

Youth Commonwealth Games

A Bermuda team consisting of Jackson Langley, Jamie Bedford, Fenella Wightman and Daria Desmond travelled to Tobago for the Youth Commonwealth Games at the beginning of August. Against tough global competition in hot and humid conditions, the Bermuda triathletes were not outclassed. In the individual event, Langley finished 7th, Wightman 9th, Bedford 15th and Desmond 16th. In the mixed team relay, Langley and Wightman finished 8th.



Erica Hawley

Bermuda Triathlon Association Cont'd

Junior Training Camp with Parker Spencer

Over twenty young Bermuda triathletes had the privilege of training with elite American coach Parker Spencer this month. Spencer taught the group new skills, worked on endurance exercises and coached the juniors in race preparation and nutrition. This was excellent practice for team members heading to Nassau, Bahamas for the CARIFTA Triathlon, Aquathlon and Mixed Team Relay Championship at the end of the month.



Daria Desmond, Jamie Bedford, Fenella Wightman and Jackson Langley

Bermuda Jr. Carifta Triathlon Team



Sailing Association

The World Sailing World Championships is held every four years in the year prior to the Olympics. All 10 Olympic Sailing events participate over 10 days of racing at the same venue. This event, sailed this year in The Hague, Netherlands, is the first Country Qualifying event for all Olympic Classes, more than 1,100 athletes and over 100 coveted spots for next year's Olympic games were available across the various disciplines.

Bermuda had three athletes in the Male Single-Handed Dinghy category, Sebastian Kempe, Campbell Patton and Benn Smith vying to get a country qualifying spot. Sebastian made it to the crucial Gold Fleet for the final races after a challenging Qualifying Series. An important step and achievement at this caliber of an event. Adriana Penruddocke represented Bermuda in the Female Single-Handed Dinghy event.

While Bermuda failed to qualify the country in either event there are a series of events between now and end of April where we hope they will achieve that goal.




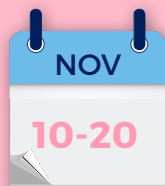
Sebastian Kempe @ World Championship in The Hague





2023 UPCOMING EVENTS

National Archery Association of Bermuda



**BERMUDA
ARCHERY
DEVELOPMENT CHAMPIONSHIP**

LOCATION: GOLD POINT ARCHERY
NOVEMBER 10 - 20TH. 2023
For more info email:
naab2015@yahoo.com

The National Archery Association of Bermuda will be hosting a Development Training Camp followed by a Championship event. This event will feature:

- International Level 4 Coach Phil Graves from Geneva Archery in US
- Local Level 3 Certified Coaches Ross Roberts and Trina Roberts.
- The disciplines will be Olympic Recurve, Barebow and Compound.

Notice

- Archers must have previous experience
- Equipment is provided if needed



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